

Fathers' Studies: Husband-Wife Relationships

"...that the man of God may be complete, thoroughly equipped for every good work."

LESSON 18 OF 52

SEXUAL TOGETHERNESS

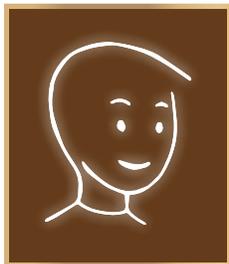
LESSON AIM: To understand that sex in marriage is good.

KEY VERSE:

1. **GENESIS 1:27-28** God created human beings both _____ and _____ and told them to give birth to children.
2. **PROVERBS 5:18-19** God made sexual activity to give pleasure. A husband should be with his wife and be filled with _____ because of her love.
3. **1 CORINTHIANS 7:2-5** Because of the temptation of sex sins a husband and wife should use their bodies to _____ each other.
4. **SONG OF SOLOMON 2:6** A wife wants her husband to be close and tender to her, to " _____ her with his right hand".
5. **HEBREWS 13:4** God punishes sex sins and unfaithfulness, but He honours _____ .

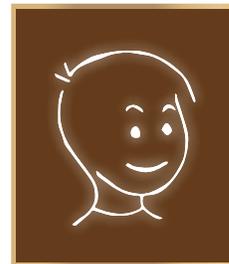
PERSONAL NOTES:

For You To Do



By Yourself

Read the whole book of Song of Solomon. Look for all the ways that this man used to bring sexual happiness to his wife.



With Your Wife

Ask her what gives her the most pleasure in your relationship. It may not even be sex at all! But if you can satisfy her need, you will find that your sex life together will improve.

With Your Children

Hug and kiss your wife often in their presence. This will help them to have good feelings about sex within marriage.

SEXUAL TOGETHERNESS

LESSON 18 OF 52

Maybe you know what it's like to be together in body but far apart in mind and feelings. The body gets a quick thrill, but then the loneliness and sadness come back again.

God does not want your marriage to be like this. He wants it to be lasting and satisfying. It can be, if you realize that...

TOGETHERNESS IS TOTAL. It is not only the body. It is also spirit and soul. Your spirits come together when you read the Bible, pray, and sing together. Talking together about spiritual things also helps you understand each other better. Your souls come together as you work together, play together, laugh and cry together, and talk together about your likes and dislikes, your goals, and your dreams. When you are close together in spirit and soul, you will be much more together in sexual intimacy.

SEXUAL FEELINGS DIFFER. A woman is not so easily excited by seeing the body as men are. She responds more quickly to gentleness, tenderness, closeness and special attention given by words and gifts, and closeness. They like to know what their husband is thinking about. Their sexual excitement might take hours or even all day to stir up. The husband who understands this can start preparing his wife early in the day for that time in bed together.

UNDERSTANDING HELPS. Do you understand how your bodies work? Can you predict how your wife's sexual feelings will change as she goes through her monthly cycle? If she is afraid of getting pregnant, do you know how to take away those fears? Do you know how illness, being overweight, pregnancy, or change of life will affect her sexual response? You can learn all these things from books and pamphlets or from your doctor. You can also learn a lot simply by observing your wife, listening to her, and remembering what you see and hear.

SONG OF SOLOMON 1-8, GENESIS 26:8, 2 SAMUEL 12:24

GOD MADE MAN...BOTH MALE AND FEMALE,...SAYING, "GIVE BIRTH TO MANY." (GENESIS 1:27-28)

**Real sexual
togetherness
includes:**

- spirit
- soul
- body

**A husband who
understands his
wife can help her
sexual response.**

**A woman's sexual
feelings are
aroused by:**

- gentle words
- tender care
- relaxed time
together

WINDOW TO LIFE

The story of Isaac and Rebekah in Genesis 24 and 25 is a real love story. Abraham, Isaac's father, sent his trusted servant back to his home country to find a wife for his son, Isaac. The servant found a beautiful young woman named Rebekah and brought her back to the land where Abraham and Isaac were living.

The first time Isaac saw Rebekah was on their wedding day. Even though the marriage was arranged by Abraham, Isaac gladly accepted Rebekah as his wife and he loved her deeply.

Although they enjoyed their sexual love together, Rebekah did not conceive any children. Isaac, in love for Rebekah, did not throw her away in favour of another wife, as was often the custom of that time in the circumstance of a barren wife. Instead Isaac prayed to God that Rebekah would conceive a child. God heard Isaac's prayer and in due time Rebekah became pregnant with twins, Jacob and Esau.

